

August 2025 MaineStreamer's Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 10:30-11:30 Senior Aerobics 10:30-11:30 Balance & Body Mechanics 6:00 - 7:30 Yoga	5 12:00-1:00 Chair Yoga Day Trip: 8:45-6:45 Wisconsin State Fair 	6 11:15-12:15 Senior Aerobics	7 10:15-11:15 Zumba Gold 12:30-2:30 Bingo 	8 10:30-11:30 Informative: Polish Chicago Presenter: Dominic Pacyga 	9
10	11 9:00-1:00 AARP Defensive Driving  10:30-11:30 Senior Aerobics 6:00-7:30 Yoga	12 12:00-1:00 Chair Yoga Day Trip: 8:15-4:45 Mystery Trip 	13 9:00-1:00 AARP Defensive Driving  11:15-12:15 Senior Aerobics 6:00-7:30 Tailgate Bingo 	14 8:30 Mailing 10:15-11:15 Zumba Gold 1:00-3:00 Day at the Races 	15	16
17	18 10:30-11:30 Senior Aerobics 6:00-7:30 Yoga	19 8:00 a.m. Online Registration Begins August September Day Trips 12:00-1:00 Chair Yoga 6:00-7:30 Rain Date Tailgate Bingo	20 11:15-12:15 Senior Aerobics 6:30-8:00 Outdoor Summer Concert Memphis to Vegas 	21 10:15-11:15 Zumba Gold 1:00-3:00 Advisory Council	22 Day Trip: 3:15-11:00 Exploring Lake Geneva & Jazz Cruise 	23
24	25 10:30-11:30 Senior Aerobics 2:00-3:00 Floral Class  6:00-7:30 Yoga	26 12:00-1:00 Chair Yoga (Make-up)	27 11:15-12:15 Senior Aerobics (Make-up) Day Trip: 10:15-5:45 Come From Away 	28 10:15-11:15 Zumba Gold (Make-up) 1:30-3:40 Monthly Movie "White Bird" 	29	30
31						